Ways to Conserve Water at Home







Front personalization space: 4 3/4" x 1 3/8" Additional space on back! Add Your Organization's Name, Logo, Information, and More HERE!

Dashed lines reflect personalization space and will not print.

We all use water every day!

It's essential for drinking, bathing, cooking, cleaning and a whole lot more.

But a lot of water gets wasted.

This happens both indoors and outdoors in many households. This is often due to water use habits and appliances that are not water-efficient. Leaky pipes and fixtures are also big water-wasters.



Saving water has benefits.

They include saving money, saving energy and helping the environment. Increased demand for water has already led to shortages in many communities. Conserving water now can mean we'll have more to use in the future.



If the whole family makes a few small changes in how they use water, you can save hundreds or even thousands of gallons each year.



There's a lot you can do to save water.

Here are 13 ways to start TODAY...

The trademarks, including registered trademarks, in this booklet are the property of the respective trademark owners

2015 Edition

©2011 Channing Bete Company, Inc. All rights reserved. • Printed in USA.
Channing Bete Company, One Community Place, South Deerfield, MA 01373
To reorder call (800) 628-7733 or visit www.channing-bete.com and ask for item number PS23611

(12-10-A)

Price List A

Evaluate your water habits.

Have a family discussion about water use and ways to cut down. For example, do you leave the water running while brushing your teeth? Do you take extra long showers? There are simple things you and other family members can do to start saving water today!



Look for leaks—and repair them right away.

Most leaks are easy to detect and repair. For sinks, check faucets and pipes for dripping water. Replace washers, and repair or replace fixtures, if needed.

For toilets, add food coloring to the tank water and check the bowl in 15 minutes. (Don't flush.) If there's color in the toilet bowl, it means there's a leak.

Also check your water system for leaks.

This is easy to do. Just follow these steps:

- Locate your water meter. Read the meter first at night, after the day's water use has ended—and again in the morning before any water is used.
- Subtract the first reading from the second reading to tell how much water (if any) leaked out.
- ➤ Then look for leaks. Find them by checking pipes, hoses and connections. Have any leaks repaired right away.



Install water-saving devices.

If you don't already have water-efficient or low-flow fixtures, you can cut your water use with:

- > aerators (devices that mix air with water)
- low-flow fixtures (such as shower heads), flow restrictors or cut-off valves
- displacement devices (to reduce the amount of water used in older toilets).

Make sure all devices are properly installed.



Save water while preparing food.

- Use a brush and bowl of water to clean food instead of letting the water run.
- Thaw frozen food in your refrigerator or microwave, not under running water.
- Reuse water when you can. For example, when you cook vegetables, save cooking water for soup stock.



Flush the toilet only when necessary.

Don't use the toilet to dispose of trash. Also, consider installing a low-flow toilet. (Look for a toilet with a WaterSense® label on it.)



13 Ways to Conserve Water at Home

Know the proper settings on your washer.

To help lower your water and energy bills, choose a waterand energy-saving model if buying a new washer. Be sure it has such features as:

- a load size selector
- variable water temperature controls.

Use the load selector to match the water level to the size of the load. Presoak heavily soiled items.



Wash dishes wisely.

If you use a dishwasher, wash only full loads.

If you wash dishes by hand:

- Scrape dishes (but don't pre-rinse) and soak pots and pans before washing.
- Don't run the water continuously.
- Limit your use of the garbage disposal. Better yet—compost!



Be efficient in the shower and bath.

Plug the drain before you run water for baths, and take shallow baths. If you run water to get it hot, catch cold water in a bucket for later use. Keep showers short (try to shorten the time you shower by at least a few minutes) with pressure at low force. Shut off the water while soaping up and shampooing.

10

Use less water to clean your home.

Use a pail or basin instead of running water. Also, use a sponge mop instead of a string mop (sponge mops use less water and take less water to keep clean).

Presoak items such as grills and oven parts overnight. Then scrub with an abrasive brush or pad.



Check hoses and irrigation systems.

Use a hose nozzle that you can shut off or adjust to a fine spray. When finished, shut it off at the house to avoid leaks.



You should also:

- Check hoses and connectors—repair or replace any leaky parts or sections.
- Consider a drip irrigation system. It allows water to slowly soak down to the roots to help reduce evaporation.
- Keep irrigation systems running efficiently. Install shut-off devices like rain or soil-moisture sensors. Repair, replace or adjust sprinkler heads. Check often for leaks, and perform other maintenance at least yearly.



13 Ways to Conserve Water at Home

12

Minimize watering outdoors.

- Water when the sun is down (to avoid evaporation) and when it's not windy. Water slowly, deeply and as little as possible.
- Let grass grow taller in hot weather. Use mulch in the garden and around shrubs to save moisture.
- ▶ Plant shrubs and other plants that don't need a lot of watering. Consider alternatives to big, thirsty lawns, such as native grasses.
- Obey any watering restrictions in your community.



13

Keep up with pool and hot tub care.

Don't overfill. This helps reduce splashing and spilling. Use a cover to slow evaporation (this keeps water cleaner, too). Check walls, filtration systems and inlets. Repair them when needed.



To learn more about saving water

—and incentives or other assistance available—contact these resources. (Note phone number and Web site in the space below.)

- ➤ The U.S. Environmental Protection Agency: www.epa.gov/WaterSense/
- The EPA Safe Drinking Water Hotline: 1-800-426-4791
- ▶ The California Urban Water Conservation Council: www.h2ouse.org
- Your local water utility:

You can make a difference. Start saving water—and money—today!

Add your information here!

Strengthen the connection between you and your audience in an easy and economical way.

By **personalizing** a publication like this one, you can:



- feature your name, logo, or message on the front or back cover
- Special Support
- Cancer Survivors Maternity Support
- Healthy Heart Walkers Ext: 23 Juvenile Diabetes Group Ext:
- supply contact information your audience will find helpful

Stress Reduction Classes 6-7 PM Month of April Bedford Hall

 provide key dates and locations of events in your local area

Office hours: 9:00 A.M.-5:00 P.M. Monday-Friday

Main Office: 213-768-9 dministrator: 213-7

let people know where to call for help

DIRECTIONS Take route 84E to exit 8 eft at fork and continue thre econd right to South St

 help readers find where you are located.

See pricing for personalized items on the order form.

Learn more at www.channing-bete.com/personalization/ or call 1-800-628-7733!

Back personalization space: 4 3/4" x 7"

Dashed lines reflect personalization space and will not print.

